

Confidentiality and Privacy Protocols

The following is a summary of the most relevant points of the Privacy Amendment Act 2000 as they relate to the practice of counselling and psychotherapy. If you have any concerns then please discuss these with the counsellor at the Association.

When you engage in counselling the content of what you say is confidential and this will not be communicated to third parties. There are some exceptions to this:

- Any information concerning the on-going abuse of a child may be reported to relevant authorities.
- Courts may subpoena notes should you be involved in some legal matter. You would be notified if this happens.
- If your counsellor believes you pose a physical risk to yourself or others she/he may alert third parties, including friends, relatives and services, to prevent this.
- To assist your counsellor in working with you and as part of her/his professional development, she/he may discuss this work with a supervisor; however your name and other identifying details will not be disclosed.